# Brookside Elementary School Community Council Meeting

January 17, 2023

#### Welcome:

• In attendance:

#### **Review December's Minutes:**

#### Items to Discuss:

- Governor's Cell Phones in Classrooms Email
- Wellness
  - Body Safety and Boundaries (grades K-4)
  - Depression and Suicide Prevention and Stress and Anxiety Management (5th grade; all material is age appropriate)
    - We will be having Courtney DeBry from Family Haven coming to present on Body Safety and Boundaries.

This lesson is specifically geared to prevent sexual and physical abuse. Safe Touch, Confusing Touch, and Unsafe Touch are defined. Children are taught what to do if someone touches them where their swim suit covers and how to stay safe. No detailed or explicit language is used. A Parent Permission form will be emailed to you from me in advance. The lessons are 40 minutes long.

- Review Trustlands Goal #2: Math
  - Create a budget for the following school year
- Upcoming school events

#### Items from Ms. Grant:

## Other Items from Council Members:

Cason Acor: Information about wellness room

www.braintreewellbeing.org

https://docs.google.com/spreadsheets/d/1YNJXTQA\_naTOcrCU2of1-6Kcp1VXUbpK3P71v95vs9U/edit ?usp=drive\_link

https://docs.google.com/spreadsheets/d/1l89vBkV9EZ9qV3FzhTy8frjpm6fKEMFAlepDpB2bxal/edit?usp=drive link

## Additional Information:

# **Important Upcoming Dates:**

## **Next Meeting:**

February 14, 2023 from 12:30-1:30 in the Conference Room